

Course title	Practical Training				
Course code	PRCT225				
Course type	Practical Training				
Level	Diploma				
Year / Semester	2 nd Year / 4 th Semester				
Teacher's name	Costa-Ioannou Froso				
ECTS	12	Lectures / week		Laboratories / week	
Course purpose and objectives	The purpose of the course is the practical application of the skills acquired during the students' studies. The practical training takes place in College-approved companies/organisations and is supervised by the course teacher.				
Learning outcomes	<p>Upon the completion of the course, the students are expected to:</p> <p>Knowledge</p> <ol style="list-style-type: none"> 1. Expand their knowledge of the subject of Personal and Group Fitness Training. <p>Skills</p> <ol style="list-style-type: none"> 2. Be able to put into practice the theory they have learned during the course of their studies. 3. Develop communication skills with clients and partners. <p>Competences</p> <ol style="list-style-type: none"> 4. Gain work confidence. 5. Acquire competence as it relates to the practical application of the knowledge and skills they have acquired and which is essential for the effective execution of their profession. 				
Prerequisites				Required	
Course content	<p>During students' Practical Training, the person in charge of the company works closely with the supervising teacher and agree on the students' duties. The supervising teacher visits the students' workplace and he/she is informed about the students' work. The supervising teacher visits the work placement premises, monitors the practical training logbook on a weekly basis, supervises students' performance and collaborates in solving their problems, either personal problems or problems faced by the head of the company / organisation. The manager of the company as well as the supervising teacher submit their report and update the practical training logbook.</p>				

	<p>The supervising teacher records his /her notes on the students' performance throughout students' training period. The supervising teacher can also record any general notes that might relate to students' activities during their practical training.</p> <p>Lastly, the supervising teacher, taking into account the above reports, evaluates the students' overall performance during their work placement and share their opinion regarding the employer. This specific report is co-signed by the Programme Coordinator, thus becoming aware of students' performance.</p> <p>Duration Students' practical raining is carried out in the 4th Semester of the student's studies and it spans for a period of 12 weeks. In the event that the practical training is not completed correctly, the student is required to undertake the course again the following academic year.</p> <p>The Practical Training takes place in College-approved companies/organisations and is supervised by the course teacher.</p>
Teaching methodology	The course requires that the students are engaged during their practical training in meaningful ways. The completion of the Practical Training Logbook is an obligation for the successful participation to the Programme of Study.
Bibliography	Practical Training Log Book
Assessment	<p>Based on the above, the teacher evaluates Practical Training as "Pass" or "Fail":</p> <ul style="list-style-type: none"> At least 70% participation to Practical Training, as per the practical training logbook A report of the head of the company / organisation, as it is submitted in the practical training logbook. Report of the inspector of KES College, as it is submitted in the practical training logbook. <p>The following conditions should be met:</p> <ul style="list-style-type: none"> The teacher should enter detailed comments based on the above criteria in students' grade report <p>In case Failure, the students are obligated to repeat the course during a following semester.</p>
Language	Greek or English